MAŁOPOLSKA

Countryside on Horseback

Catalogue

KRAKÓW REGION

The project was financed with the financial support of the Małopolska Region as part of the competition “Hospitable Małopolska”
Małopolska Countryside on Horseback includes 15 working farms offering both multi-day and weekend stays, specialising in a single-service profile using the cultural heritage of the countryside, local traditions and traditional products.

Guests can try horse riding outdoors and those who would like to start their adventure with riding, have the opportunity to learn with the instructor.

Farm owners are horse and nature lovers, holding the necessary permissions and horse riding infrastructure, which guarantees safe riding on well-kept horses.

Horse breeds: Hucul, Polish Małopolska.

Based on the inventory of resources and charms of the area and facilities, prepared attractive offers range from learning to horse riding, sports riding on longe, riding an instructor-led horse, hippotherapy, single- and multi-day races and horse hotels have been prepared. There are also sleigh rides, carriage rides and riding competitions.
FARMS PARTICIPATING IN THE PROGRAMME
“MAŁOPOLSKA COUNTRYSIDE ON HORSEBACK”

1. “Hucul Pony Stud Farm in Nielepice” – Nielepice 6-7
2. “Polomino” Ranch – Stare Żukowice 8-9
3. “Furioso” Horseback Riding Centre – Stare Żukowice 10-11
6. “Pod Świerkami” [Under the Spruces] Agri-tourism Farm – Pleśna 16-17
9. Agri-tourism Farm and Horse Stables “Paryja” – Ołpiny 22-23
10. “Pod Sośliną” [At Soślina] Agri-tourism Farm 24-25
13. “Hucul Pony Stud Farm Gładyszów” – Regietów 30-31
15. Agri-tourism Rzepka – Czarna Góra 34-35
The Stud Farm is located about 20 km from Cracow, in the Tenczyn Landscape Park. Guests will find 25 horses ready to work under the saddle, four instructors, and 20 sheltered positions for guests’ horses. Stud farm is open to individual guests, families, school and social groups. It organises educational meetings, focusing mainly on folk culture and nature. Its rich ethnographic collections showcase folk culture of Małopolska and Hucul Region. The hostess offers home-made meals mostly from home-made products. Stud Farm was twice awarded the Honourable Mention in the Great Exploration of Malopolska (2010 and 2013).

**PRICES (per person) – individual stay**

- Per night (breakfast included): 35 – 45 PLN
- Lunch (lunch/supper): 25 – 30 PLN

**Accommodations:**

- Number of beds: 30 (4 shared bathrooms).
- Room types: double, triple-, 4-person, 8-person rooms and a 16-people room.

**Horseback riding prices:**

- Longe riding: 35 PLN/30 min.
- Riding in the manège and outdoors: 35 PLN/60 min.
- One-day rides plus meal: 130 PLN/person
- Multi-day rides meals: 250 PLN/person/day per individual negotiations.
- Rides abroad: 20 – 35 PLN/person
- Horse-drawn carriage rides: 20 – 35 PLN/person

**Discounts:**

- 15% for purchasing 10 ride hours.
- 25% for purchasing a family card.
“In the saddle” programme.

“Adventure on a Hucul pony”

Horse rides organised by the Stud Farm are mainly run along the Jurassic trails but were also attempted in the Beskid Niski and Roztocze mountains.

During long treks, Hucul horses show all their values, such as trek perseverance, low maintenance and friendly temperament. Horses also participate in T.R.E.C. Competitions and in the „Hucul paths“ organised in the Stud Farm. They show off beautifully in horse shows, especially with horsemen in Hucul folk costumes.

Seven-day family stays (dates tbd):
- Two hours of horseback riding (with instructor).
- All-day ride to to the ruins of the Tenczyn Castle in Rudno.
- A trip in a horse-drawn carriage combined with learning to drive.
- An evening devoted to learning about the Hucul culture.
- Group grilling or cooking in a cauldron over a campfire, making specialty pastoral dishes.
- Animation of learning the behaviours of horses and attempting to bake own flat bread and bread.

Price of 850 PLN/per person includes:
- Six nights.
- Full board starting with lunch on arrival until lunch on the day of departure.
- Implementation of the programme.

The Stud Farm specialises in the organisation of winter and summer equestrian camps - more details on the website.
Ranch Palomino is located in the picturesque Tarnów plateau, where the area is ready for active relaxation. The ranch organises courses and equestrian training for both beginners and experienced riders. Horseback riding enthusiasts can take advantage of individual and group training both in the manège and outdoors. The ranch specialises in breeding American Paint Horse and American Quarter Horse and training horses for sports and horse riding events. Palomino Ranch has organised regional, national and international competitions in horse racing for 11 years. The hosts have created their own training programme, Small Horseback Tour League that specialises in sports horse riding, aimed at school students interested in this professional discipline. Additionally, Palomino Ranch organises culinary workshops based on organic products. Guests have a fully equipped kitchen to cook their own meals.

**PRICES (per person) – individual stay**

- Per night: 40 PLN
- Breakfast: 15 PLN
- Lunch: 30 PLN
- Supper: 20 PLN

**Accommodations:**

- Number of beds: 9 and 12 (with extra beds)
- Number of rooms: 5 (all with bathrooms)
- Room types: single, double and 3-person rooms

**Discounts:**

- 5% for 3 days and up.
“In the saddle” programme.

“Get on a horse!”

Palomino Ranch carries out education and horseback riding training all year round regardless of age, assuming the principle that horseback riding is for everyone. The centre has qualified instructors allowing the horse riding enthusiasts to ride in a manège and outdoors, lured by the picturesque surroundings.

Six-day stays for beginners and experience riders (arrival and departure dates to be determined individually)

The programme includes:
• An hour of riding a day in the manège for people with different experience levels.
• Each stay if completed by a ride in the area (the programme is adapted to the level of skills of the participants in the group).
• Theoretical lessons in horse and horse riding (2 hours).

Price of 930 PLN/per person includes:
• Six nights.
• Full board starting with supper on arrival until lunch on the day of departure.
• Implementation of the programme.

Horseback riding prices:
Longe riding: 30 min/30 PLN
Indoors manège riding: 1 h/50 PLN
Riding outdoors: 60 PLN
Furioso is a magical place, which, due to the determination and passion of the hosts became the cradle of Polish western riding. With its unique ambience and friendly atmosphere, it has attracted numerous friends and regular guests spending their free time there, resting from the daily hustle and bustle. For them, every year the centre organises St Hubert’s run, club vigils, carnival balls and music concerts, paintings. Western Riding Training Centre FURIOSO conducts education for horseback riding beginners, Western horsemanship training, horsemanship courses, organises western competitions and shows and training courses for judges and participants. It is also involved in breeding and preparation of horses and hippotherapy. Its stables can accommodate approximately 50 horses, it has animal enclosures and green paddocks (10 ha), a full size open arena (40x80m) and indoor riding hall (34x54m), a roundabout for horses and round-pen. Guests will find handy a bar - saloon, grill, Finnish sauna and guest house for horses. Since 2010, WRTC Furioso is the forerunner of the new equestrian sport in Poland - TREC PTTK - Tourism Horse Competition under the auspices of GTJ PTTK.

PRICES (per person) – individual stay
Per night (breakfast included): 50 PLN
Lunch: 22 PLN
Supper: 15 PLN

Accommodations:
Number of beds: 10
Number of rooms: 4 (all with bathrooms).
Room types: single, double, 3- and 4-person rooms.

Discounts: depending on the length of stay and number of guests.
“In the saddle” programme.

In harmony with the horse.

“How to get pleasure from horseback riding”
“Furioso” invites all horseback riding enthusiasts, regardless of their horsemanship style. During the training, participants learn to cooperate and communicate with the horses and how to safely, enjoyably and fearlessly train in the manège and ride outdoors

**Weekend offer for groups of 6-10 people**, priced from 300-600 PLN, for beginners and advanced riders with elements of TREC and western riding such as trail, western horsemanship, western pleasure and reining.

Training Saber and Horse” - how to wield historical arms on foot and on a horse. Training is conducted by historical fencing experts and riding coach.

**During the summer weekends**, the following additional workshops are organised:
- For artists: decoupage, photography and sculpture.
- For gourmets: naturally and without chemistry.
- For active participants: Tai-Chi and Nordic Walking.

**Workshops included in the weekend programmes:**
- Three - four hours of horse riding (riding in the manège or outdoors) under the guidance of instructors and horse riding guides,
- Meals: Lunch/supper on Friday to lunch/supper on Sunday.
- Accommodations in double or 3-person rooms.
- Thematic workshops.

**Summer equestrian camps for children and adolescents include foreign languages (English and Spanish) and photography courses. Prices are calculated on a case-by-case basis. More information on the website.**

**Horseback riding prices:**
- Individual lessons: 80 PLN
- Individual sports horsemanship training with Aleksander Jarrmula: 120 PLN/h
- Manège rides: 50 PLN/h
- Riding outdoors: 50 PLN/h
- Longe riding: 30 PLN/30 min
- Riding an instructor-led horse: 15 PLN/10 min
“STANICA HUCUŁ” [HUCUŁ WATCHTOWER]
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facebook.pl/Stanica Hucuł

The stud farm was created with passion and love for Hucul horses. Located among the fields and meadows at the foot of the Beskid Mały mountain range, it invites anyone who wants to learn how to ride, learn and understand horses or improve their riding skills under the guidance of experienced instructors. Beautiful Beskid mountain trails running through villages, woods and mountain peaks of Leskowiec and Jawornica encourage the wanderings in the saddle. Less experienced riders can travel in carriages or sleighs. On the ground floor there is a covered grill with a wooden pergola, a place for campfire, a large playground for children and a small open air museum of agricultural machinery and equipment. The owner has a great passion for horse riding and traditions and is an enthusiast and a breeder of Hucul horses. Stanica Hucul hosts the 4th Military Reconnaissance Squadron named after the 21st Vistula Uhlan Regiment, cultivating the love of the Polish uniform and the memory of the events of past years in which the heroic lancers participated. The hostess prepares regional cuisine meals.

Languages: English.

PRICES (per person) – individual stay
Per night (breakfast included): 70 PLN
Lunch/Dinner: 30 PLN
Supper: 15 PLN

Accommodations:
Number of beds: 29
Number of rooms: 8 (all with bathrooms).
Room types: two apartments, one double room, three triple and two 4-person rooms.

Discounts: 5% for 7 days and up.
“In the saddle” programme.

“Your horse, your friend”

This is a great place to catch your breath and look at personal problems from a distance of the horse’s back. Make friends with horses, learn horse riding or improve your riding skills surrounded by beautiful nature.

All year round seven-day stays (Sunday through Sunday) for children and adults.

The programme includes:
- An hour of horseback riding daily.
- Stable work: feeding and cleaning horses.
- Carriage rides in the area.
- Evening fun at the campfire: tales of heroic cavalry traditions.

Price: 1,000 PLN (caregiver 760 PLN). Price includes:
- Seven nights.
- Meals: starting with lunch/dinner on arrival until breakfast on the day of departure.
- Implementation of the programme.

Also, the hosts offer carriage rides along the “nobility trail” with lunch in a tavern. Each ride is approximately 3.5 hours at a price of 125 PLN per person for groups of 5.
“ZACZAROWANE WZGÓRZE”
[THE ENCHANTED HILL] STABLE
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„The Enchanted Hill” is a place that was born of dreams. Dreams of horses, space, beautiful views, the guests who forget the time flying by, drinking tea or mint brew under the oak tree. The proximity of Beskid Wyspowy mountain range offers extraordinary views from the horseback. The farm has 25 friendly horses of different breeds and sizes, such as Shetland and Feline ponies, Polish horses, Małopolska breed and Tinkers. The farm’s speciality is horseback riding and organising trekking on horseback under the guidance of experienced instructors both for beginners and advanced riders. In the small „rural zoo” you can find cats basking in the sun on benches, colourful birds: roosters, geese, ducks, hens laying “lucky eggs” and goats cordially greeting visitors, sheep, pigs and rabbits eager to be petted.

This unique farm is led by two passionate people who happily fulfil their dreams of welcoming guests and everything they do is true, flowing from the heart.

The Enchanted Hill is also an “Educational Farm” where little guests, through fun, get to know and discover the charms of countryside. The farm was named „Best in Małopolska in 2012.”

PRICES (per person) – individual stay
Per night (breakfast included): 35 PLN
Lunch: 25 PLN
Supper: 15 PLN

Accommodations:
Number of beds: 50
Number of rooms: Multiple person rooms.
Discounts: up to 20% in autumn/winter.
“In the saddle” programme.

„Up and down the Beskid hills, with the horse mane blowing in the wind and a song in your soul”

The Enchanted Hill is famous for its one-two- and three-day horse treks along the forest paths, up the peaks, down to the valleys, farther and farther away... “Indian Trails” is a trip on the back of a friendly mount, discovering the secrets of an Indian village, stories by the fire, sleeping in tepee tents and tasting Indian cuisine. “Up Kadłucze hill” gallop up the slopes, reach peaks and, valleys to get to the destination ... unforgettable views while galloping along forest paths.

Trip:  
One-day trip: 150 PLN,
Two-day trip: 300 PLN,
Three-day trip: 440PLN.

Price includes:
• Instructor’s supervision.
• Take-away sandwiches.
• Full board.
• Overnight accommodation in tepee tents or mountain hostels.
• Breakfast.
• Transportation of belongings.
• Insurance.
Family discount: 10% off for each next person.

The programme runs all year round. Trip dates are available on www.wzgorze.eco.pl

“My horse, my friend”

One-day stays (each Saturday and Sunday)
Saturday rides for children who know how to ride and beginners.
The programme includes:
• Cleaning horses, preparing them for rides.
• A short warm-up indoors in the manège, preparing to ride outdoors.
Duration: Three hours (includes two hours outdoors). Price: 60 PLN.

Sunday: advanced riders.
The programme includes:
• Outdoors area with different difficulty levels.
• Galloping up and down the hill, obstacle courses.
Duration: 2.5 hrs, 60 PLN.

Other programmes for the beginners and advanced riders are available on the Website.
“Pod Świerkami” [Under the Spruces] farm is hidden in a picturesque corner of Batylowa village on the slope of a hill. The area around the house offers an unlimited space for horse riding, games, feasts by the campfire and holding occasional events. Nearby forests with their rich undergrowth are a perfect place for afternoon walks. The hosts run a traditional farm and successfully breed Małopolska horses, acquiring numerous awards, such as the first place at the National Championship of Yearling Stallions and Senior Mare Championship at the Regional Horse Stud Exhibition in Kldekowa. They also hold certificates of leaders of equestrian tourism. One of the attractions of the farm is the possibility of riding, both for beginners and experienced rides during horse trekking and winter sleigh rides.

Enthusiasts of Nordic Walking can take lessons with an experienced instructor. The hostess runs a regional kitchen using fresh produce from her own farm. The specialty of the hosts is traditional cheese with herbs, with the recipe going back several generations.

**PRICES (per person) – individual stay**

Per night (breakfast included): 42 PLN
Lunch: 16 PLN
Supper: 12 PLN

**Accommodations:**
Number of beds: 9
Number of rooms: 3 (one bathroom).
Room types: three 3-person rooms.
“In the saddle” programme.

“In the Saddle across Pogórze Region”

You can have an unforgettable experience from the back of the horse. Horse riding allows you to get close to the surrounding nature. You can acquire and improve your riding skills under the guidance of an experienced instructor. The programme is targeting intermediate and advanced riders of all ages.

Three-day trekking on horseback (Friday through Sunday)

The programme includes:
• Discussing and learning the rules of moving on horseback in hilly terrain.
• Detailed preparation of the horse and equipment for riding in hilly terrain.
• Visiting nearby military WWI and WWII cemeteries and nature monuments in Rożnowsko-Ciężkowickie Foothills.
• Approximately 4-5 hours riding each day.
• A campfire picnic with folk tales and roasting sausages.

Price of 739 PLN/per person includes:
• Implementation of the programme.
• Two overnight accommodations.
• Two breakfast and two suppers (including campfire evening).
The house is a comfortable facility integrated into the landscape of the Beskid Wyspowy mountain range, surrounded by beech forests full of animals and rich in berry underbrush.

Around the Hucul horse stable, you will find friendly animals: wild boars, sheep, goats, geese, rabbits and a roaring donkey. Horses help to relax and invite those willing to learn riding, including trekking outdoors. Horse riding instructors are excellent guides of “how to” ride a horse. You can also ride bicycles and cross-country ski in winter, practice Nordic Walking or exploring historical sites. After an exhausting day, you will enjoy comfortable rooms, stylish halls with fireplace, Highland huts, playground for children and a garden full of fruits and vegetables blend with regional cuisine combining tradition with ecology and healthy nutrition. In the evening or in the rainy season, the farm invites you to its unique SPA with swimming pool, saunas, salt cave, fitness room and horse club full of fun. The quality of services is confirmed by numerous awards, including Polish Tourism Organisation’s Certificate “Best Tourist Product of 2011”, Laureate of the Plebscite „Great Discoveries of Malopolska”, „Małopolska Full of Flavours” and „Green Summer.”

PRICES (per person) – individual stay

Per night (breakfast included): 80-110 PLN
Lunch: 30 PLN
Supper: 20 PLN

Accommodations:
Number of beds: 60
Number of rooms: 30 (all with bathrooms).
Room types: single, double, triple, 3-person or 4-person rooms.

Discounts: depending on the length of stay and number of guests.
“In the saddle” programme.

“Extraordinary Adventure on Horseback”

Adventure in the saddle will provide guests with many pleasant experiences. This is a great idea for active vacations for both children and adults. Hucul horses living on the farm (the best mountain and family horses) are friendly and calm, which makes them ideal mounts for beginners while the surrounding area is suitable for advanced riders.

Six-day stays (Monday through Saturday) for beginners and advanced riders.

Prices:
- Advanced riders; Adults: 945 PLN; children under 10 years of age: 615 PLN.
- Beginners: Adults: 1,030 PLN; children under 10 years of age: 700 PLN (children must be accompanied by adults).

Price includes:
- Six nights.
- Full board starting with lunch on arrival until lunch on the day of departure.
- One hour of riding daily (rides to be individually scheduled with the instructor, depending on rider’s experience level).
- Three hours in the House SPA.

The programme runs all year round.
(Weather permitting).

Horseback riding prices:
- Longe riding: 30 PLN/30 min
- Manège rides: 40 PLN/60 min
- Riding outdoors: 40 PLN/60 min
The Ranch is a delightful place located in the hills of Łososin Range in the Beskid Wyspowy mountain range. Windows of the guest cottages offer a panoramic view of Laskowa, which will calm and delight you and make you reflect on the beauty of nature.

The area around the ranch abounds with meadows for sunbathing away from the curious eyes of the neighbours and the noise of the city and deep forests for active recreation, such as walks and cycling. The hosts are people for whom horse breeding is a fulfilment of childhood dreams. Many years of experience in breeding and caring for Hucul horses resulted in obtaining top places at exhibitions and breeding shows.

The farm has a grass manège, allowing both young beginners and experienced riders to improve their horsemanship. Everyone can train the prowess of his horse on the nearby trail with the elements of the Hucul path. The place invites first and foremost to the many hours of horseback hiking in the surrounding countryside under the guidance of an instructor and hosts, who spend every minute of their free time in the company of horses and guests.

There are two comfortable, wooden, two-storey year-round cottages. Each boasts two rooms, a bathroom, a fully equipped kitchenette and a sitting room. The cottages can provide an enjoyable rest for two 6-person families or friends.

**PRICES (per person) – individual stay**

Cottage: starting from 30 PLN/person (one person minimum). Six people.

**Accommodations:**

Number of beds: 12

Discounts: 5% discount for 6 days and up.

**Jazda konna:**

- 35 PLN/1 h group riding.
- 35 PLN/30 min. longe riding.
- 40 PLN/1 h riding outdoors.
“In the saddle” programme.

“In the Saddle with the Family”
The Ranch is a great place to relax, learn or improve your riding skills. The programme targets people of all ages who want to admire the Beskid range nature from the saddle and get closer to the horse. Hucul horses are very friendly with people, therefore even small children feel safe near them. Staying here becomes an opportunity to get closer to family and close contact with horses is a refuge from stress of everyday life. For those who are not interested in horse riding and the company of horses, the hosts offer walking and biking tours along numerous trails surrounding the ranch.

Children and youth:

“RUSH to Laskowa” – five half-day camps from 350 PLN.

Horseback riding camps – five-day camps from 750 PLN.

The programme includes:
• Classes adjusted to riders’ level - saddle training, tacking, longe riding, horse mounting, pole exercises, obstacle jumping, field trips;
• Theory - 15 hours of the in-house developed programme on horses, prepared to encourage learning in English;
• Approximately 50 hours of animation for children and teenagers, including art workshops, dance, field activities, integration, first aid, creative academy and bonfires.

Families and organised groups:
„With a family in the saddle“ - how to spend time with family to make everyone happy. Contact us and we will customise our offer to meet your needs. Possible attractions and additional infrastructure: horseback riding, sleigh rides, carriage rides, campfires and dance parties, evening entertainment, volleyball court, playground for children, care and animation of children’s time, horse presentation and fencing.

The offer is valid for the entire year and is subject to weather conditions.
“Paryja” is a secluded place, located in a valley where the road ends. In the fork between two streams, under the rocky hill overgrown with pines, you can find cozy, regional wooden stable buildings. It lies in the southern part of the Brzanki Range Landscape Park, in the picturesque area of the Ciężkowickie Foothills. Typically, the Galician cultural landscape is dotted with scattered wooden churches, little chapels guarding the crossroads and charming small towns like Biecz, Ciężkowice, Tuchów and Ryglice. “Paryja” is a working 14-hectare farm with all its charm and inseparable feeling of backwater. Guests can use a separate, wooden, stylishly finished cottage with full kitchen facilities and a large open veranda. There is an ethnographic exhibition of household items in the enclosure and “Tradition Hut.” A pond, marsh marigold meadows and peacefully grazing Małopolska breed horses add to the peaceful atmosphere. Besides horseback riding, you can enjoy walking, rock climbing, biking and learning about the secrets of wildlife.

**PRICES (per person) – individual stay**

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<tr>
<th>Activity</th>
<th>Price</th>
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<tr>
<td>Per night (breakfast included)</td>
<td>35/50 PLN</td>
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<tr>
<td>Lunch/Dinner</td>
<td>25 PLN</td>
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<tr>
<td>Supper</td>
<td>15 PLN</td>
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**Accommodations:**

- Number of beds: 15 (extra beds up to 20 are possible).
- Number of rooms: 5 (one bathroom).
- Room types: double or 3-person rooms.
- Attic: 4-person and 3 triple rooms.

**Discounts:**

10% 7 days and up, with a minimum of six people.
“In the saddle” programme.

“The four corners of the world”

Star Trekking along the Brzanka Range, along the horse trails “Carpathian Horseshoes.” Every day, you will find new places, new people and new attractions along the route. The trail leads through fields, forests, hills and streams. For health, fitness, rest and spirit of hard work, it is hard to better spend your time.

Seven-day stays (Monday through Sunday) for 3-6 decent horseback riders.

The programme includes:

- Monday - Getting to know your horse, assessment of horsemanship in the manège and a short field trip.
- Tuesday - Westward Ho! - Brzanka Loop (536 above sea level, approx. 28 km). Lunch at a Highland Hut on Brzanka, rest at the foot of the view tower. Visit the hill and rock “Sharp Stone.”
- Wednesday - Northward Ho! - Ryglice Loop (across the Brzanka Range, approx. 26 km). Lunch and rest at “Don Wójcik.” Visit the partisan hill and monument on Gilowa Góra peak.
- Thursday - Centrum - Walking along the rocky loop around “Paryja” - rest for both yours and horse’s legs.
- Friday - Eastward Ho! - Czermna Loop (approx. 30 km). Visit the small church dating back to 1520. Lunch at Curator’s Vicarage. See Wiszowa rocks and Liwocz view on the way.
- Saturday - Southward Ho! - Binarowa Loop (approx. 32 km). Visit a UNESCO-Registered church in Gospoda. On the way, stop at WWI cemeteries and admire a breathtaking view of the whole Brzanka - Liwocz Range.
- Sunday - A short morning trek outdoors. - Take the horses to the meadow - farewell.

The above offer can be modified accordingly and adapted to riders’ skills, supplemented with winter sleigh ride or summer carriage ride. All trips are run by a GTJ Leader, and training and riding lessons are supervised by riding instructors.

Price of 1,400 PLN/per person includes:

- Six nights.
- Full board starting with lunch on arrival until lunch on the day of departure.
- Programme as above.
- Evening campfires with stories of horses, women, village and ghosts.
The farmhouse is surrounded by forests and meadows, in the beautiful scenery of the Beskid Wyspowy mountain range. The area can be visited on foot, horseback in a carriage or sleigh. Walking around, you can come across roe deer, hares, partridges, storks and many other species of birds. Trails are easy to follow due to marked tourist trails across Męcina.

Four magnificent Małopolska breed horses are always ready for short and long trips in the area. They are keen to work with beginners (children included) in the manège and with more advanced riding enthusiasts. Sleigh rides and carriage rides are organised according to seasons. The hosts breed rabbits and domestic fowl (including hens).

Guests can find barbecue-campfire grove, a hut with bread oven, smokehouse and barbecue, and the youngest visitors can use the playground and swimming pool (in the summer).

The farm has been recognised in regional and provincial competitions and received numerous awards.

**PRICES (per person) – individual stay**

Per night (breakfast included): 50 PLN

Lunch: 20 PLN

Supper: 10 PLN

**Accommodations:**

Number of beds: 21

Number of rooms: 4 (all with bathrooms).

Room types: one 5-person and one 4-person room, two triple rooms and a 6-person apartment. (Sitting room with a kitchenette, bedroom, family room and bathroom).

**Discounts:** depending on the length of stay and number of guests.
“In the saddle” programme.

“On horseback in Męcina - active with the family”

It is a great place for active vacation in close contact with nature, with the opportunity to participate in the everyday life of a rural farm. Horseback riding lovers can find calm horses that meet the needs of both seasoned riders and beginners in the saddle.

All-year, 6-day stays (Monday to Saturday). Prices: Adults: 650 PLN; children under 7 years of age: 500 PLN.

**Price includes:**
- Five nights.
- Full board starting with lunch on arrival until lunch on the day of departure.
- One hour of riding daily (rides to be individually scheduled with the instructor, depending on rider’s experience level).
- Children must be accompanied by adults.

**Horseback riding prices:**
- Longe riding: 30 PLN/30 min.
- Manège riding: 35 PLN/60 min.
- Riding outdoors: 35 PLN/60 min.
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Mobile: +48 662 059 944
e-mail: tara.konie@gmail.com
www.konie-tara.pl

TARA farm and stable is situated in a valley on the border of the Beskid Sądecki and Beskid Niski mountain range. You can actively spend your time at the farm, learning the secrets of equestrian art. The stables house 10 calm, well-prepared horses of different breeds that meet the requirements of riders at every stage of horsemanship. The farm has a professional 800 m² manège, playground with swings, slide, sandbox, trampoline and covered grill area. Experience in organising camps and a qualified and proven teaching staff guarantee a successful and safe relaxation. Hosts organise numerous social competitions in dressage and jumping and competitions in the Małopolska Sport Rally Cup.

PRICES (per person) – individual stay
Per night (breakfast included): 55 PLN
Lunch: 25 PLN
Supper: 15 PLN

Accommodations:
Number of beds: 15
Number of rooms: 3 (all with bathrooms).
Room types: 6-person (bunk beds), two triple rooms.

Horseback riding prices:
• Team riding outdoors: 35 PLN/50 min
• Longe riding: 30 PLN/30 min
• Hippotherapy: 30 PLN/30 min
• Riding an instructor-led horse – for the youngest guests: 1 PLN/1 min
“In the saddle” programme.

“Tara equestrian academy”

Calm horses with the picturesque terrain is a great combination of nature and recreation. Horses need daily care, so there is no time for boredom. Daily feeding, cleaning, saddling, grooming and changing straw are tasks to perform for each rider. This is the way to know the behaviour of horses, their nature and likes/dislikes while becoming lifelong friends!

Five-day stays (Monday through Friday) for children 6 - 9 years old, 10-15 years old and 15 and up (a possibility of taking an exam to receive a Tourist Equestrian Badge).

The programme includes:
• 60 min of daily rides with instructor, in groups up to five people.
• Classes tailored to the level of horsemanship: saddling, tacking, first lessons on an instructor-led horse, horse longe riding, horse mounting, pole exercises, field trips and jumping lessons.
• “Horse theory” - issues concerning breeds, coat colours, horse tack, horse care and diseases, equestrian disciplines.
• Meeting with a blacksmith - watching shoeing horses.
• Bareback riding.
• Sleigh rides in snow or on grass, thematic quizzes, integration games, art workshops.
• Evening at the campfire, country dance lessons, discotheque.

Additional group-selected attractions:
• Equestrian baptism and receiving an equestrian diploma.
• In-camp competitions with prizes.
• Competition for the best camp rider.
• Vaulting elements, longe classes.
• Horse riding, jumping and stunt shows.
• Learning how to show a horse.

Price of 700 PLN/per person includes:
• Four nights.
• Full board starting with lunch on arrival until lunch on the day of departure.
• Programme as above.
• An hour of horseback riding daily (with instructor).
• Advanced groups: One day of riding outdoors.

Year-round programme.
Stanica „Podkowa” is located in the picturesque village of Męcina Wielka in the western part of the Beskid Niski mountain range, between the valleys of Ropa and Wisłoka rivers. This location is ideal for people who love peace and quiet. Extensive and varied terrain is ideal for riding, cycling and hiking.

Guests live in a separate house with a living room with a fireplace on the ground floor, a fully equipped kitchenette, bedrooms on the upper floor and attic and two bathrooms. Guests have the opportunity to use a gazebo with a grill area (including a venison-preparation counter) and a baking oven to bake bread.

Sleigh rides are organised in the winter, while during the rest of the year „Podkowa” offers carriage rides in the picturesque surroundings of the Beskid Mountains.

The host is a passionate horse lover and horse riding instructor. He owns and breeds Polish and Małopolska horses. He organises horse camps and horse riding courses.

**The host speaks English.**

**PRICES (per person) – individual stay**

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
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<tbody>
<tr>
<td>Per night</td>
<td>od 35 PLN</td>
</tr>
<tr>
<td>Breakfast</td>
<td>15 PLN</td>
</tr>
<tr>
<td>Lunch/Dinner</td>
<td>25 PLN</td>
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</tbody>
</table>

**Accommodations:**

- Number of beds: 21
- Number of rooms: 4 + attic

**Discounts:**

5% for 7 days and up.
“In the saddle” programme.

“Equestrian ABC in Podkowa”

This is where you can safely start your adventure with horse and learn horse riding under the guidance of an instructor. Advanced riders will not get bored either in the paddock or in the beautiful surroundings of the Beskid Niski mountain range.

The programme includes:

• Two hours of horseback riding (with instructor).
• Carriage rides in the area.
• Help with stable work (cleaning and feeding horses).
• Three hours of outdoors riding (advanced riders).
• Three hours of riding in the paddock (beginners).

Seven-day stays at PLN 970 (Sunday through Saturday).

Price includes:

• Six nights.
• Full board starting with lunch on arrival until lunch on the day of departure.
• Implementation of the programme.

Horseback riding prices:

• Longe riding: 30 PLN/30 min.
• Paddock rides: 35 PLN/1 h
• Riding outdoors: 30 PLN/1 h

Guests can bring their own horses or leave them in the horse hotel.
Regietów is a village located in the mountain range of Beskid Niski. This fairytale land is still mostly undiscovered and it is here in the wilderness area near the Slovakian border that the world’s largest Hucul horse stud farm “Gładyszów” is located. Hucul horses are gentle and very friendly. They will meet the expectations of any rider. They are family-friendly, child-friendly and yet sufficiently active for adults. They are also ambitious and have a competitive spirit. In the stud, guests can take a ride in carriages to discover the beauty of this unique place. Horse riding classes are held throughout the year. The programme also includes several days’ trekking on horseback along Lemko off-roads. The stud is running hippo-therapy classes with Hucul horses, which prove to be ideal due to their calm demeanour. This is a place where you can relax in the stylish and comfortable rooms of the Guest House „Jasmin”, built like Lemko huts, taste regional dishes in the Hucul Inn, relax in the SPA and fitness room or meditate in the salt cave.

For its breeding and sports activities, the stud was awarded and received mentions numerous times. In the plebiscite „Great Discoveries of Małopolska” it won the second place in the tourist attraction category and in 2009 the statuette „Beautiful Poland.”

**PRICES (per person) – individual stay**

- **Per night (breakfast included):** od 75 PLN
- **Lunch/Dinner:** 25 PLN
- **Supper:** 15 PLN

**Accommodations:**

- **Number of beds:** 52
- **Number of rooms:** 26 (all with bathrooms).
- **Room types:** 6 apartments, 20 single and double rooms.

Additional cots are available.

**Discounts:**

5% – for 7 days and up.
“In the saddle” programme.

“Relax on a Hucul horse in the most beautiful place in the world”

With trained instructors who are passionate about horses, anyone can learn how to ride a horse or to improve their riding skills and thus fulfil their dreams.

The offer is addressed to all who love nature and horses, including families with children.

Seven-day stays for two people (June through September).

The programme includes:
- Six hours of horseback riding (with instructor).
- One hour of carriage ride along the Hucul trail.
- Six sessions in the salt cave.

Price of 1,560 PLN/per person includes:
- Six nights in a double room.
- Full board starting with lunch/supper on arrival until breakfast on the day of departure.
- Implementation of the programme.

Possibility of one-day stays, several days of carriage rides and winter Hucul sleigh rides with campfires.
STABLE “JAŚMINOWY RAJ”  
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e-mail: wysowa@goscinna-chata.pl  
www.goscinna-chata.pl

The house and stable are located on the hill of Beskid Niski mountain range and surrounded by forests and meadows, where horses graze. The terrace offers beautiful views of the SPA Wysowa-Zdrój. Guests can ride 9 calm horses (2 Wielkopolski, 2 Hucul and 5 Małopolska horses), trained for recreation and pulling sleighs. Instructor is always present to help the riders, both in the paddock and trekking outdoors. A “marathon” carriage ride, riding in one of the three carriages three sleighs in the rough terrain of Beskid Niski range will surely be an unforgettable experience.

In a nearby hut, guests will find a grill and oven for baking bread or game. Children’s playground is near the house. The hostess is a great horse enthusiast and horse riding instructor. She is also a wonderful cook serving unique Lemko dishes. The Stable won numerous awards as well as the first place in competitions „Green Summer”, „The Way to Success”, „The Flavours of Małopolska”, „Culinary Heritage” and „Great Discoveries in Małopolska.”

**The hostess speaks English and Lemko**

**PRICES (per person) – individual stay**

Per night (breakfast included): 60 PLN (up to 3 days)  
Per night (breakfast included): 50 PLN (3 days and up)  
Lunch: 25 PLN  
Supper: 15 PLN  

**Accommodations:**

liczna miejsc noclegowych 20  
Number of rooms: 10 (all with bathrooms).  
Room types: one single room, one triple and eight 2-person rooms.  

**Children 3 - 12 years old:**

25 PLN per night (breakfast included), 15 PLN lunch, 10 PLN supper.

**Discounts:**

Guests receive 10% off horse rides.
“In the saddle” programme.

“In the saddle along the Lemko trails”

“Jaśminowy Raj” is a great all-seasons place to spend your vacation. Get in close contact with horses, unique nature, beautiful and yet wild Beskid Niski mountain range and discover remnants of Lemko culture.

Seven-day stays at 970 PLN (Saturday through Saturday) for a minimum of four people.

The programme includes:

• Daily rides: 1 - 1.5 hrs with instructor depending on the level of experience, in the paddock or field.
• Carriage rides in the rough terrain of Beskid Niski range (a basket of regional specialities included).
• Visiting the Orthodox church in Hańczowa.
• Bread baking workshop.
• Supper by the campfire.
• Feast in the inn „Gościnna Chata” [Hospitable Hut].

Price includes:

• Seven nights.
• Full board starting with lunch on arrival until breakfast on the day of departure.
• Programme as above.
Farm is located in Podhale region (850 m above sea level) overlooking the Tatra and Gorce Mountains, in the vicinity of the River Białka and village of Bukowina Tatrzańska. Right behind the house, you will find forests stretching all the way up to the peaks of the Tatra Mountains. The River Białka, the only Alpine river in Poland, flows nearby. Ski stations Kozieniec and Grapa-Litwinka and Kotelnica Białczańska are nearby. The area offers numerous attractions, such as four National Parks and geothermal pools. The house has a large garden with mini-pool, children’s playground and outdoor picnic area. The hosts are breeding horses and Alpine Anglo-Nubian goats.

The hostess who is also a horse riding instructor, conducts horseback riding lessons with natural methods, hippotherapy classes and hiking tours. She is certified to work on horse hooves. She conducts shows on the use of medicinal herbs in horse feeding. Her home-made cuisine is based on organic products, herbs and goat’s milk products. The hosts speak English and Russian.

**PRICES (per person) – individual stay**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Per night</td>
<td>20 PLN (children 15 PLN)</td>
</tr>
<tr>
<td>Breakfast/Supper</td>
<td>15 PLN</td>
</tr>
<tr>
<td>Lunch/Supper</td>
<td>20 PLN</td>
</tr>
</tbody>
</table>

**Accommodations:**
- Number of beds: 9
- Number of rooms: one double, one triple and one 4-person room.
- Room types: 3 (all with bathrooms).

**Discounts:** prices are negotiable depending on the length of stay.
“In the saddle” programme.

“Come to commune with herb-fed horses”

This is a dream place for those who are not very experienced riders. Not only can you learn how to ride a horse, but also get acquainted and enjoy them through fun and play and learn rules of nutrition, care and maintenance.

Five-day stays (Saturday through Wednesday) with children’s rides.

The programme includes:
• Learning horse safety rules.
• Learn horse care and maintenance rules.
• Demonstration of feeding horses using medicinal herbs.
• Daily 30 min-lessons of longe riding.
• Getting acquainted with the area - walking with horses.
• Tasting regional herbal cuisine.
• Tales of horses, farm animals and herbs.

Price of 450 PLN/(child) includes:
• Programme as above.
• Four nights.
• Full board starting with lunch on arrival until lunch on the day of departure.

Horseback riding prices:
• Longe riding: 25 PLN/30 min.
• Riding an instructor-led horse: 50 PLN/45 min.
• Hippotherapy: 30 PLN/30 min.
PICTOGRAM LEGEND:

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Bożena Srebro, Sądecka Organizacja Turystyczna [Sącz Tourism Organisation] www.sot.org.pl

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MAŁOPOLSKA

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